



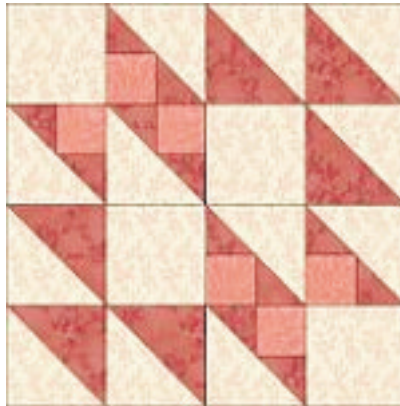
Block Name: Cherokee Spirit

Skill level: Beginner with experience

Cutting method: rotary cutting

Fabrics: 3 colors
or 3 shades of
one color - light,
medium and dark

Cutting: use the
chart below for the
size block you need.



This is a traditional block design and may be used by anyone. The instructions, however, are copyrighted and may not be reproduced without permission.

Quantity to cut	4" block	8" block	12" block	16" block
Light color:				
6	2" x 2"	3" x 3"	4" x 4"	5" x 5"
4	1.5" x 1.5"	2.5" x 2.5"	3.5" x 3.5"	4.5" x 4.5"
Medium A color:				
6	1" x 1"	1.5" x 1.5"	2" x 2"	2.5" x 2.5"
Dark color:				
3	2" x 2"	3" x 3"	4" x 4"	5" x 5"
12	1" x 1"	1.5" x 1.5"	2" x 2"	2.5" x 2.5"
	Challenging!			

Block size refers to finished size.

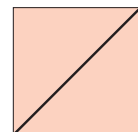
Constructing the Block

This block uses 6 half-square triangle (HST) units. Begin by making the HST's.

Making the Half-Square Triangle Units

Use the large dark color squares and the largest light color squares to make these units (2", 3", etc.).

1. Draw a diagonal line on the wrong side of the light squares.

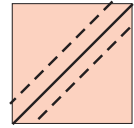




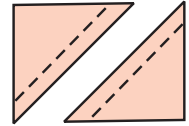
Block Name: Cherokee Spirit, page 2

Making HST's continued

2. Match light squares to the other squares of the same size, right sides together (RST). Sew 1/4" from each side of drawn line.

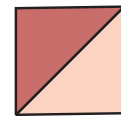


3. Cut the units in half on drawn diagonal line.



4. Press seams toward the medium color.

5. Trim each HST to same size as the smaller squares required for your block size: 4" - 1.5", 8" - 2.5", 12" - 3.5", 16" - 4.5".



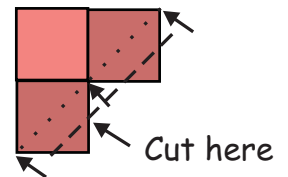
Make 6.

Making the Complex HST Unit

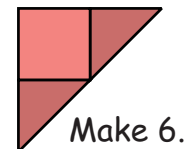
1. Sew a small dark square to each small medium color square. Press seams toward the dark square.



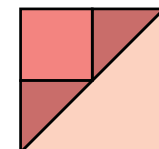
2. Sew another dark square to each medium color square as shown. Press seam toward the dark square.



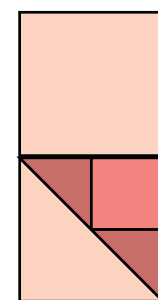
3. Align the 1/4" mark on your ruler (indicated by dotted line on illustration) with the point where the seams intersect and with the two outer corners. Trim with rotary cutter to make a half-square triangle - dashed line on illustration indicates edge of ruler where you will cut.



4. Cut 3 large light squares in half diagonally to make 6 triangles.



5. Place a multi-piece half-square triangle from step 3 on a light triangle, RST. The light triangle will be slightly larger than the multi-piece triangle by about 1/16" on each short side. Sew 1/4" from long side. Press seam toward light triangle. Trim to 2.5" square (8" block) or 3.5" square (12" block).



Make 2.

Making the Complex Quadrant

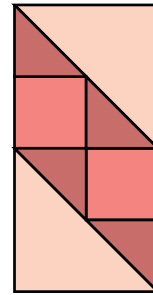
1. Sew a light square to 2 multi-piece HST unit using the block pic above as a guide. Be careful to get the pieces placed properly now or you might be doing some un-sewing later!



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Making the Complex Quadrant, continued

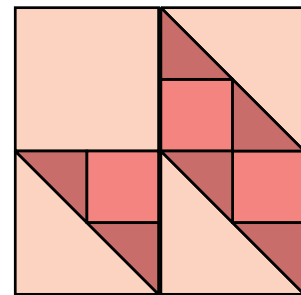
2. Sew 2 multi-piece HSTs together as shown. Wait to press seams.
3. Lay out units from previous steps as shown in block graphic. Press seams they go in opposite directions. Sew the 2 units together. Press seam toward the side with the light color square.



Make 2.

Making the Simple Quadrant

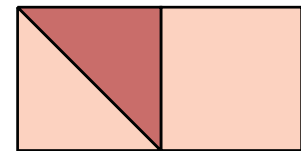
1. Sew a light square to 2 of the light/dark HSTs as shown in block graphic. Press seams toward HST unit.



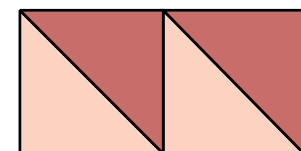
Make 2.

2. Sew 2 light/dark HSTs together. Wait to press seams.

3. Lay out units from the previous steps as shown in block graphic. Press seams so that they go in opposite directions. Sew the 2 units together. Press seam toward the side with the light color square.



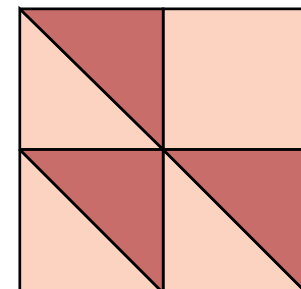
Make 2.



Make 2.

Assembling the Block

1. On a flat surface, lay out the units as they should appear in the finished block.



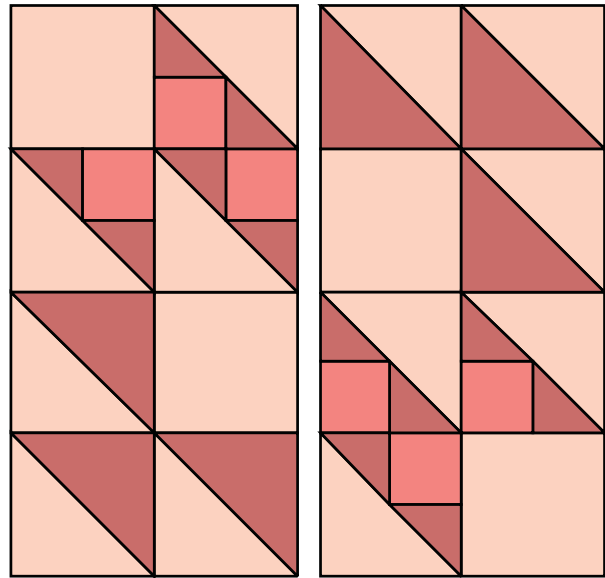
Make 2.



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Assembling the Block, continued

2. Sew quadrants together in pairs. Already-pressed seams fit together best if you sew top-left to bottom-left and top-right to bottom-right. Press new seam toward the quadrant with the 3 simple HST units.
3. Sew the 2 half-units from step 12 together. Most seams should interlock, but you might have to fuss with one.
4. Press block. If needed, trim to correct size.



Set with sashing and cornerstones.



Set without sashing.



Pressing Chart

