



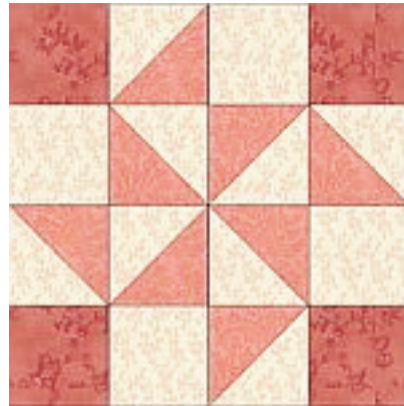
Block Name: Flying-X

Skill level: Beginner/Easy (except 4" block)

Cutting method: rotary cutting

Fabrics: 3 colors
or 3 shades of
one color - light,
medium and dark

Cutting: use the
chart below for the
size block you need.



This is a traditional block design and may be used by anyone. The instructions, however, are copyrighted and may not be reproduced without permission.

Quantity to cut	4" block	8" block	12" block	16" block
Light color:				
4	2" x 2"	3" x 3"	4" x 4"	5" x 5"
4	1.5" x 1.5"	2.5" x 2.5"	3.5" x 3.5"	4.5" x 4.5"
Medium color:				
4	2" x 2"	3" x 3"	4" x 4"	5" x 5"
Dark color:				
4	2" x 2"	3" x 3"	4" x 4"	5" x 5"

Block size refers to finished size.

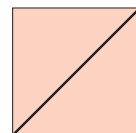
Constructing the Block

This block uses 8 half-square triangle (HST) units. Begin by making the HST's.

Making the Half-Square Triangle Units

Use the largest squares cut to make these units (2", 3", etc.).

1. Draw a diagonal line on the wrong side of the light squares.

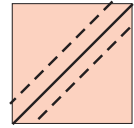




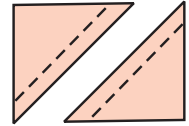
Block Name: Flying-X, page 2

Making HST's continued

2. Pair light squares to the medium squares of the same size, right sides together (RST). Sew 1/4" from each side of drawn line.

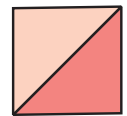


3. Cut the units in half on drawn diagonal line.



4. Open each triangle unit and press seams toward the darker color..

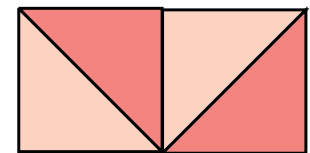
5. Trim each HST to same size as the smaller squares required for your block size: 4" - 1.5", 8" - 2.5", 12" - 3.5", 16" - 4.5".



Make 8

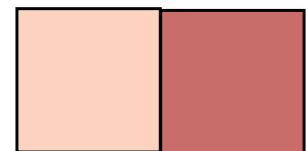
Making the Quadrant Units

1. Sew two HSTs together so that the light and medium color triangles alternate like a pinwheel. The seams should interlock or abutt. If the seams crisscross or stack one atop the other, the HSTs are placed together incorrectly. Press new seam toward the light triangle. Make 4 of these units.



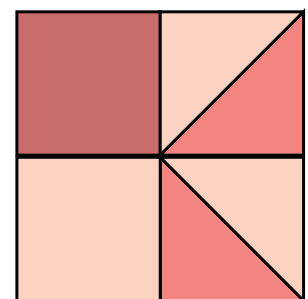
Make 4

2. Sew the dark squares to the remaining light squares. Press seam toward the dark square. Make 4 of these units.



Make 4

3. Sew the step 1 units to the step 2 units as shown in the illustration at right. Press the new seam toward the squares. Make 4 of these units.



Make 4



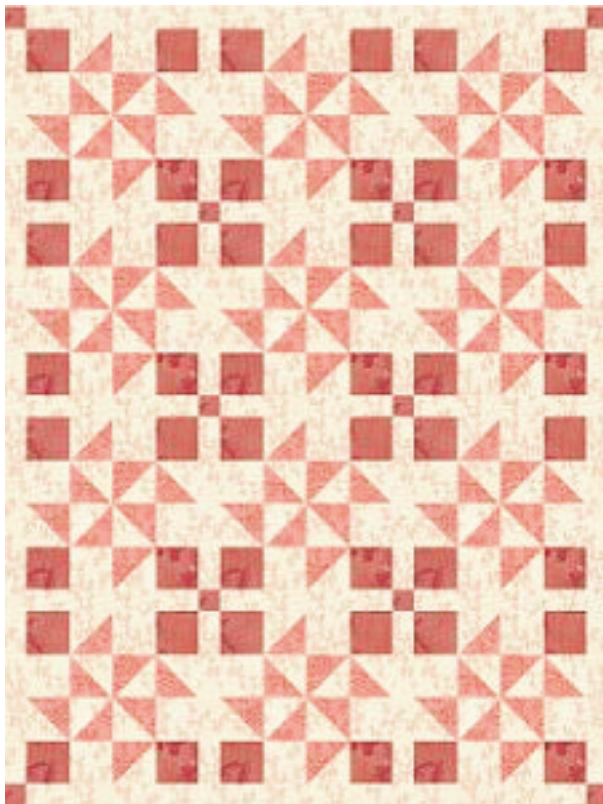
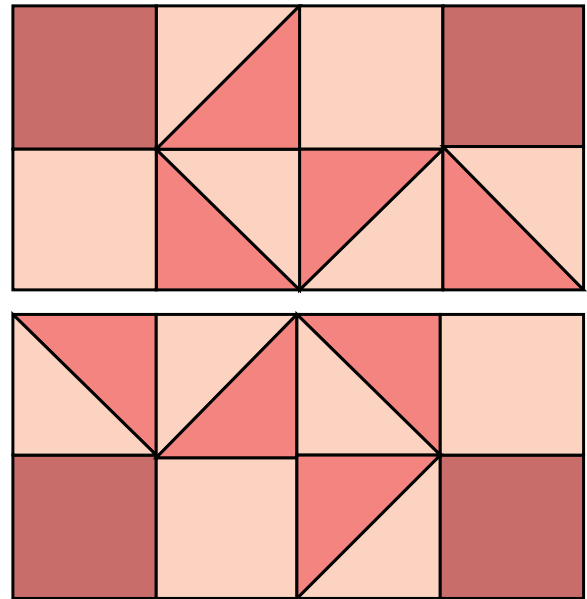
Block Name: Flying-X, page 3

Assembling the Block

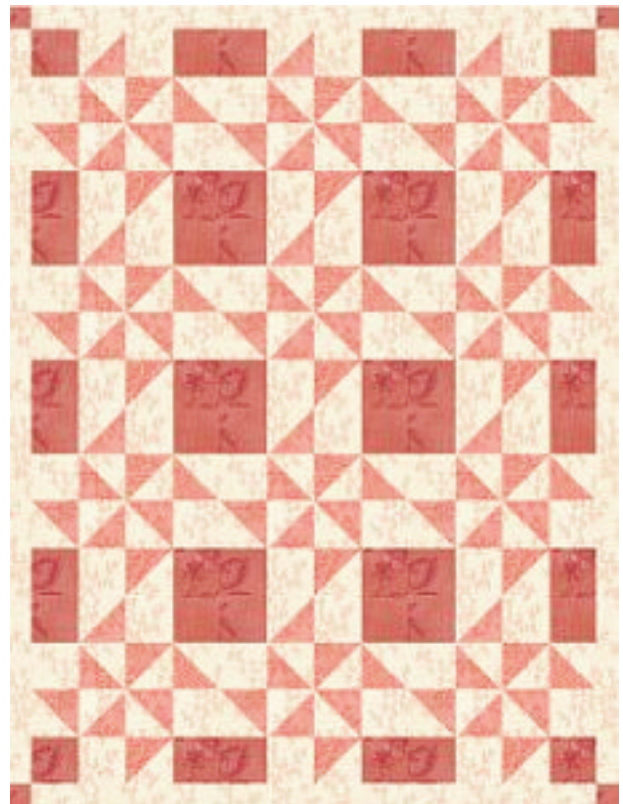
1. Using the block photo as a guide, sew two quadrant units together. Press seams toward the half with the light square.

2. Sew the two half units together. Press the new seam in the direction the fabrics want to go.

Press and square up (trim) to correct size.



Set with sashing and cornerstones.



Set without sashing.